

Our goal is to promote and support the use of donor human milk by enhancing donor milk collection and increasing donor participation and contribution.



CHI Health Clinic  
Women's Health

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[CHIhealth.com/StFrancisWomensHealth](http://CHIhealth.com/StFrancisWomensHealth)

Women's Health

# Mother's Milk Depot





## A Mother's Gift

Our Women's Health Clinic is a collection site for mothers interested in donating breast milk. We have partnered with the Mother's Milk Bank of Colorado to offer mothers the opportunity to make a difference in babies' lives.

Mother's Milk Bank is the second oldest nonprofit milk bank in North America and a founding member of the Human Milk Banking Association of North America (HMBANA). HMBANA is a non-profit organization that promotes and supports safe, ethical and cost-effective methods of collecting and processing donor milk.

Mothers with breast milk in excess of what is needed for their own infant can provide this gift.

- Breast milk is the optimal form of nutrition for all infants, especially those born prematurely. For the tiniest infants, breast milk is unmatched in its ability to protect babies from infections and potentially devastating intestinal complications of prematurity.
- Mothers of newborns are sometimes unable to provide the breastmilk their baby needs. When mother's milk is not an option, donor milk is the recommended choice.
- All donated milk is pasteurized to kill viruses and bacteria while still maintaining approximately 95 percent of everything that was originally in the milk.

## Donating Milk

- As a breastfeeding mother, you have chosen to support your baby's health in a way only you can. We provide a way for you to share that gift with newborns that have a critical need for the protection and nourishment that can only be provided by human milk.
- A one-time donation or ongoing contributions of this precious gift can help a tiny newborn grow and thrive.



If you are interested in donating milk, contact our office 308-398-9393. To be eligible as a donor, you must pass a health screening, be willing to undergo a blood test and have delivered your baby within the last 18 months.