

# Baby Talk

Breastfeeding support and more for moms  
with infants between birth - 12 months

## Have questions? We're here to help!

Join other new moms and their babies in this informal setting. A registered nurse/certified lactation consultant will answer your questions, give you breastfeeding support and weigh your baby on a digital scale.

## FREE to attend

Registration is required by calling the number to the lactation department of the group you are planning to attend at least a day in advance. Screening at hospital entrances and masks are required as is social distancing.

## Baby Talk Locations at CHI Health

### CUMC Bergan Mercy

7500 Mercy Road  
Omaha, NE  
402-398-6095

### Immanuel

Conference Center  
6901 N. 72nd Street  
Omaha, NE  
402-572-3868

### Lakeside

Lactation Office  
16901 Lakeside Hills Court  
Omaha, NE  
402-717-8216

### Mercy Council Bluffs

Lactation Office  
800 Mercy Drive  
Council Bluffs, IA  
712-325-2525

Every Monday  
(excluding holidays)  
2-3 p.m.

Lower Level Cancer Center  
Conference Room 2

Parking available in the  
Lot D garage or Lot C in  
front of the Pavilion. Enter  
through the Henry Lynch  
Cancer Center entrance.  
Take elevator F to the  
lower level.

Every Tuesday  
2 - 3 p.m.

Immanuel Conference  
Center is located on  
the back (north side) of  
the hospital. Take 72nd  
street to Deaconess Drive  
and turn east. Continue  
east to the employee  
parking lot. You will see  
"conference center" on the  
hospital. You may park in  
conference center stalls if  
available. Check the event  
monitor inside the doors  
for room location.

Every Thursday  
2 - 3 p.m.

Lactation office is located  
in Maternity Center on  
2nd floor of hospital.  
Attendees are welcome  
to ask for directions at  
the visitors desk. Parking  
available in the visitors  
lot in front of the main  
entrance.

Every Thursday  
2 - 3 p.m.

Lactation office is  
located on 3rd floor of  
the hospital. Attendees  
are welcome to ask for  
directions at the visitors  
desk. Parking available in  
the visitors lot in front of  
the main entrance.

### Not available during the Baby Talk times?

Breastfeeding support is only a phone call away.  
Call a lactation counselor at one of the locations  
above. Voice messages are checked daily.