



## *Wig Care at Home*

We have a wide selection of beautiful, natural looking synthetic fiber wigs at our boutique. We have chosen to carry synthetic fiber wigs as they are easier to care for than human hair wigs when undergoing treatment and not feeling well. These wigs can maintain wave, curl, texture and volume with minimal upkeep....what our patients need most at this time.

Synthetic hair wigs typically range in price from \$135 - \$400. As an added benefit to our patients undergoing additional expenses at this time, we also offer \$50 clearance wigs. Some insurance companies do provide coverage for wigs, however many, including Medicare and Medicaid do not. Due to the generosity of our many donors, as well as our fund raising efforts, we are able to provide financial assistance if you qualify.

### **Care of your synthetic wig:**

The most important thing to remember about synthetic wigs is **NO HEAT!!**

Heat over 100 degrees will cause the synthetic fiber to melt and will damage your wig beyond repair! This includes; curling irons, blow dryers, flat irons, removing something from the oven, steaming or boiling food, removing dishes from a hot dishwasher, sitting near a fire pit or campfire, and grilling. We suggest that you not wear the wig while cooking.

### **Cleaning your wig:**

If you wear your wig daily, we suggest washing it every 10-14 days, depending on the individual wearer. Factors that could change this would include the environment, food, smoke, sweat, aromas, and the use of styling products, which could create the need for more frequent washing. We recommend that you use wig shampoo and spray conditioners that have been specifically developed for wig care. However, you may use professional shampoo and conditioners.

- Gently brush or comb the wig to remove loose surface debris. Synthetic fibers are not porous like human hair, styling aids tend to build up on the surface and cause dulling.
- Add a ½ -1 tsp of wig shampoo to a basin of cool water. NEVER use hot water or apply shampoo to wig itself. Suds the shampoo in basin with hand.
- Immerse wig, dousing gently and allow wig to soak for 5-10 minutes.
- Rinse completely by swishing in clean, cool water, or under slow running faucet or spray nozzle.
- Gently squeeze excess water from the wig.
- Blot wig gently between a folded towel.
- Spray with conditioning spray if purchased, and comb wig into place. Place on wig stand and allow to air dry for 7-9 hours. Do not use a Styrofoam head as this does not allow air to reach underneath to the wig cap.
- Comb or use fingers to place hair into gently use desired shape. Never brush a wet wig. Wig hair spray can be used when dry, or use light to medium Professional hair spray.

**Wearing your wig:**

- Identify the back of the wig by locating the tag. (Tags can be removed if you wish)
- Pull wig on gently from front to back.
- Check to make sure wig is positioned correctly by ensuring that the front of the wig sits four finger widths from brow bone (there are exceptions if you have a small forehead).
- The triangular side tabs should lay symmetrically at or near your temples. They have a light wire inside and can be bent down close to your head, making it more secure.
- In the back of wig at the nape there are adjustments for a tighter or looser fit. Fastening each side closer to the middle of the nape will make the wig tighter. The further away from the middle will makes it looser.

**Note:** The synthetic fibers have special dyes that color the hair, so never attempt to color your wig.

**Wig Storage:**

We will provide you with a plastic wig stand free with your purchase. It's best to place it on the wig stand when not wearing the wig. We do not recommend Styrofoam heads if your wig is wet or even damp. This can cause the wig cap to stretch and could cause mold or bacteria.

**Please feel free to call us with any further questions!**

**CHI Health Renewed Hope Boutique  
CUMC Bergan, Medical Building One  
7710 Mercy Rd, Ste 120  
Omaha NE 68124  
402.398.6464**