

URINE COLLECTION - MALE

ROUTINE URINALYSIS: *MIDSTREAM COLLECTION*

1. Do not touch the inside of the container.
2. If you are uncircumcised, retract the foreskin over the head of the penis (hold in this position until specimen is obtained.)
3. Pass the first portion of urine directly into the toilet.
4. Pass a midstream urine specimen into the container until it is about 1/2 to 3/4 full.
5. Continue to empty your bladder into the toilet.
6. If you are collecting the urine at the clinic, give the sample to a member of the clinic staff.
7. If you are collecting the urine at home, place the lid on the container, make sure it is closed tightly.
8. Make sure your name and date of birth are on the container.
9. Refrigerate as soon as possible until delivery to the clinic or lab.

MICROBIOLOGY CULTURE: *CLEAN CATCH COLLECTION*

1. Do not touch the inside of the container.
2. If your are uncircumcised, retract the foreskin over the head of the penis (hold in this position until specimen is obtained.)
3. With sterile towelettes or equivalent, cleanse the head of the penis, beginning at the urethra and working away from it.
4. Pass the first portion of urine directly into the toilet.
5. Pass a midstream urine specimen into the container until it is about 1/2 to 3/4 full.
6. Continue to empty your bladder into the toilet.
7. If you are collecting the urine at the clinic, give the sample to a member of the clinic staff.
8. If you are collecting the urine at home, place the lid on the container, make sure it is closed tightly.
9. Make sure your name and date of birth are on the container.
10. Refrigerate as soon as possible until delivery to the clinic or lab.

7/10/20