

Patient Instructions for Stool Collection

Your physician has ordered tests that require the collection of a stool sample.

If your provider has specified more than one sample to be collected, do not collect more than one sample in a 24 hour period.

Stool samples contaminated with barium, soap, disinfectants or urine will not be accepted.

It is strongly advised that you pick up a stool collection kit from your provider prior to collecting the sample. You can obtain a stool collection kit from

- Your provider's office
- Grand Island- St Francis Lab, 2620 W Faidley Ave, Grand Island, NE (308) 398-3241
- Kearney- Good Samaritan Lab, 10 E. 31st St, Kearney, NE (308) 865-7975
- Lincoln- St Elizabeth Lab 555 South 70th St, Lincoln, NE (402) 219-8000
- Omaha- CHI Health Lab Draw Center at Lakeside, 16909 Lakeside Hills Ct, Suite 108, Omaha, NE (402) 758-5160

If you have any questions regarding this collection procedure, you may call our customer service department at (402) 717-5227 or contact your provider.

The vials for stool collection may contain liquid which is required for testing (Do not pour the liquid out). The liquid in the vials is poisonous. Do not drink them. Keep them out of reach of children. If accidental ingestion occurs, please contact the Poison Control Center, have label and package insert information near.

Please follow all collection instructions carefully.

1. Collect the stool sample in a wide mouth container or you can place a plastic bag/wrap over the toilet seat opening. This prevents the stool sample from falling into the toilet bowl. Do not mix urine or toilet water with the stool sample.
2. Each collection vial contains a scoop attached to the vial cap. Using the scoop, place 1-3 teaspoons of stool from areas which appear bloody, slimy, or watery into the vial until the contents rise to the red or black FILL line. If the stool is formed (hard), please sample small amounts from each end and from the middle.
3. Mix the contents of the tube with the scoop, then twist the cap tightly closed and shake vigorously until the contents are well mixed.
4. Write your name, date of birth, and time and date of collection on each vial.
5. Place vials in a ziploc biohazard bag and deliver to your provider within 24 hours. Please make arrangements with your provider for after-hours drop-off.
6. If the specimen needs to be collected from a child in diapers, remove the diaper as soon as possible after the bowel movement. If the stool is liquid, you can line the diaper with plastic wrap or turn the diaper inside out so the stool is not absorbed into the diaper.

The following STOOL TESTS have been ordered by your provider:

Please follow the collection instructions and place stool sample in the appropriate containers.

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- STOOL CULTURE Enteric Plus Transport Vial
 - GIARDIA/CRYPTO SCREEN (Green or Orange Lid)
 - GI PANEL BY PCR (requires both Enteric and clean container) **Deliver to Lab within 24 hrs**
Store at Room Temp



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- OVA & PARASITE Total-Fix Vial (Black Lid)

Deliver to Lab within 24 hrs
Store at Room Temp



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- C DIFFICILE CLEAN Empty (no fixative) Vial
 - GI PANEL BY PCR (requires both Enteric and clean container)
 - H PYLORI ANTIGEN **Deliver to Lab within 24 hrs**
Store Refrigerated
 - ROTAVIRUS
 - FECAL FAT, QUALITATIVE
 - CALPROTECTIN
 - OCCULT BLOOD
 - FECAL LEUKOCYTES

